BeSSa DANCE ACADEMY

More Than Just Great Dancing!®
Affiliated Dance Studios

WHY DO WE HAVE DRESS CODE?

Safety
Dancers need to wear the appropriate shoes for the style they are learning, as they'll help to provide support to the arches, ankles, and knees.

Appropriate dress code ensures that our instructors can provide corrections for alignment. Our instructors may not be able to notice that a dancer wearing a baggy shirt isn't engaging their core properly, which could prevent them from developing the muscles needed for safe technique.

Focus & Professionalism
Wearing specific attire helps instill a sense of discipline and respect for the art form, much like uniforms do in other structured environments. It encourages students to take the class seriously and helps mentally prepare them for focused work.

Uniformity & Cohesion
Uniform dress makes it easier for instructors to assess technique and alignment without distraction. It promotes a sense of unity among dancers, minimizing peer comparison or fashion-related distractions.

Aesthetic & Tradition
Dance styles have deep-rooted traditions that are reflected in their dress codes.

Instructor Efficiency
When everyone is dressed similarly, instructors can more easily correct form and posture. Loose or inappropriate clothing can hide technical issues that need correction.

If you have any questions about our Dress Code, please be sure to ask, and note that there are two options available for all students. Dancers of any gender may wear whichever option they choose.

We also have Dresscode Scholarships available, so please check in with us if you need financial support to ensure your dancer has everything they need for class.

Register at www.belladance.ca/register-now

Bella Dance Academy

More Than Just Great Dancing!®
Affiliated Dance Studios

Bloom Program

All items are available at the Bella Boutique.
Shoes must be labeled with dancers name.

Grown-Ups! Comfortable clothing that you can move in for participation classes

TOPS



Leotard
(Colour/Style of Choice)



Plain Black Fitted Shirt*



Plain White Fitted Shirt*



BDA Logowear/Swag

**must cover midriff*

BOTTOMS



Tights & Black Shorts



Black Leggings



Black Dance Pants



Ballet Skirt (Black/Pink) & Tights

SHOES

My Sprout & Me - Barefoot

Bumblebee Bop - Indoor Sneakers

Fairytale Ballet - Ballet Shoes

Acro Roots - Barefoot

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BLOSSOM PROGRAM

All items are available at the Bella Boutique.
Shoes must be labeled with dancers name.

Grown-Ups! Comfortable clothing that you can move in for participation classes

TOPS



Leotard
(Colour/Style of Choice)



Plain Black Fitted Shirt*



Plain White Fitted Shirt*



BDA Logowear/Swag

must cover midriff

BOTTOMS



Tights & Black Shorts



Black Leggings



Black Dance Pants



Ballet Skirt (Black/Pink) & Tights

SHOES



Intro to Modern - Barefoot

Intro to Jazz - Jazz Shoes

Intro to Hip Hop - Indoor Sneakers



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Bella DANCE ACADEMY

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MINI MOVEMENT

All items are available at the Bella Boutique.
Shoes must be labeled with dancers name.

Mix & Match Tops and Bottoms!

TOPS



Leotard
(Colour/Style of Choice)



Plain Black Fitted Shirt*



Plain White Fitted Shirt*



BDA Logowear/Swag

must cover midriff

BOTTOMS



Tights & Black Shorts



Black Leggings



Black Dance Pants



Ballet Skirt (Black/Pink) & Tights



SHOES - BALLET SHOES

Ballet Slippers - Full sole slippers, with drawstrings secure

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COMBO CLASSES

All items are available at the Bella Boutique.
Shoes must be labeled with dancers name.

Mix & Match Tops and Bottoms!

TOPS



Leotard
(Black or Pink)



Plain Black Fitted Shirt*



Plain White Fitted Shirt*



BDA Logowear/Swag

must cover midriff

BOTTOMS



Tights & Black Shorts



Black Leggings



Black Dance Pants



Ballet Skirt (Black/Pink) & Tights



SHOES - BALLET & TAP SHOES



Black Tap Shoes - Velcro Mary Jane style shoes
Ballet Slippers - Full sole slippers, with drawstrings secure

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ACRO CLASSES

All items are available at the Bella Boutique.
Shoes must be labeled with dancers name.

Mix & Match Tops and Bottoms!

TOPS



Leotard (Black/Navy)



Plain Black Fitted Shirt*



Plain White Fitted Shirt*



BDA Logowear/Swag

must cover midriff

BOTTOMS



Footless tights &
Black Shorts



Black Leggings



Black Dance Pants

SHOES

Barefeet only please!

Register at www.belladance.ca/register-now

Bella DANCE ACADEMY

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BALLET AGES 5 - 6

All items are available at the Bella Boutique.
Shoes must be labeled with dancers name.

Mix & Match Tops and Bottoms!

TOPS



Leotard
(Black or Pink)



Plain Black Fitted Shirt*



Plain White Fitted Shirt*



BDA Logowear/Swag

must cover midriff

BOTTOMS



Tights & Black Shorts



Black Leggings



Black Dance Pants



Ballet Skirt (Black/Pink) & Tights



SHOES - BALLET SHOES

Ballet Slippers - Full sole slippers, with drawstrings secure

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Bella DANCE ACADEMY

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BALLET AGES 7+

All items are available at the Bella Boutique.
Shoes must be labeled with dancers name.

Mix & Match Tops and Bottoms!

TOPS



Leotard
(Black or Navy)



Plain Black Fitted Shirt*



Plain White Fitted Shirt*



BDA Logowear/Swag

must cover midriff

BOTTOMS



Tights & Black Shorts



Black Leggings



Black Dance Pants



Ballet Skirt (Black/Pink) & Tights



SHOES - BALLET SHOES



Leather Ballet Slippers - Full sole slippers, with drawstrings secure
Canvas Ballet Slippers - Dancers 9+ may wear canvas style slippers

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Bella DANCE ACADEMY

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HIP HOP CLASSES

All items are available at the Bella Boutique.
Shoes must be labeled with dancers name.

Mix & Match Tops and Bottoms!

TOPS



Leotard
(Black or Navy)



Plain Black Fitted Shirt*



Plain White Fitted Shirt*



BDA Logowear/Swag

must cover midriff

BOTTOMS



Tights & Black Shorts



Black Leggings



Black Dance Pants



Black Sweatpants

SHOES - SNEAKERS

Black indoor non-marking Sneakers
No white soles please



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Bella DANCE ACADEMY

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JAZZ CLASSES

All items are available at the Bella Boutique.
Shoes must be labeled with dancers name.

Mix & Match Tops and Bottoms!

TOPS



Leotard
(Black or Navy)



Plain Black Fitted Shirt*



Plain White Fitted Shirt*



BDA Logowear/Swag

must cover midriff

BOTTOMS



Tights & Black Shorts



Black Leggings



Black Dance Pants



Ballet Skirt (Black/Pink) & Tights



SHOES

Black Jazz Shoes (Slip on or Lace up are acceptable) or
Performance Shock Dance Socks*



*DANCE socks can be worn - dance socks are specialized socks that support the ankle and arch of the foot.

Register at www.belladance.ca/register-now

Bella DANCE ACADEMY

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MUSICAL THEATRE, ACTING, VOICE

Mix & Match Tops and Bottoms!

All items are available at the Bella Boutique.
Shoes must be labeled with dancers name.

TOPS



Leotard
(Black or Navy)



Plain Black Fitted Shirt*



Plain White Fitted Shirt*



BDA Logowear/Swag

must cover midriff

BOTTOMS



Tights & Black Shorts



Black Leggings



Black Dance Pants



Ballet Skirt (Black/Pink) & Tights

SHOES



Black Jazz Shoes (Slip on or Lace up are acceptable)
or Black indoor non-marking Sneakers.
No white soles please



Register at www.belladance.ca/register-now

Bella DANCE ACADEMY

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MODERN/CONTEMPORARY

All items are available at the Bella Boutique.
Shoes must be labeled with dancers name.

Mix & Match Tops and Bottoms!

TOPS



Leotard
(Black or Navy)



Plain Black Fitted Shirt*



Plain White Fitted Shirt*



BDA Logowear/Swag

*must cover midriff

BOTTOMS



Tights & Black Shorts



Black Leggings



Black Dance Pants



Ballet Skirt (Black/Pink) & Tights



SHOES

Barefeet, Foot Undeez, Half Soles, Performance Socks, or Alpha Socks are acceptable.





DANCE socks can be worn - dance socks are specialized socks that support the ankle and arch of the foot.
Contemporary III, IV



Register at www.belladance.ca/register-now

Bella DANCE ACADEMY

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TAP CLASSES

All items are available at the Bella Boutique.
Shoes must be labeled with dancers name.

Mix & Match Tops and Bottoms!

TOPS



Leotard
(Black or Navy)



Plain Black Fitted Shirt*



Plain White Fitted Shirt*



BDA Logowear/Swag

must cover midriff

BOTTOMS



Tights & Black Shorts



Black Leggings



Black Dance Pants



Ballet Skirt (Black/Pink) & Tights

SHOES

Dancers 7 and under should have Mary Jane style shoes. Dancers 8+ should have lace-up or slip-on.



Register at www.belladance.ca/register-now

Bella DANCE ACADEMY

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Affiliated Dance Studios

bellaBeats

All items are available at the Bella Boutique.
Shoes must be labeled with dancers name.

Mix & Match Tops and Bottoms!

TOPS



Leotard (Black)



Plain Black Fitted Shirt*



Plain White Fitted Shirt*



BDA Logowear/Swag

must cover midriff

BOTTOMS



Tights & Black Shorts



Black Leggings



Black Dance Pants



Ballet Skirt (Black/Pink) & Tights

SHOES

Ballet Slippers, Indoor Sneakers, Jazz Shoes
Dance Socks (Team III & IV)

Dancers must bring all shoes to every class. Shoes must be in dance bag.

Register at www.belladance.ca/register-now

BeSSa DANCE ACADEMY

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HAIR STYLES

ACRO CLASSES



Hair should be pulled back into a low bun or ponytail for class, if length permits. Shorter hair should be pulled back from face.

BALLET CLASSES



Hair should be pulled back into a low/high bun, if length permits. Shorter hair should be pulled back from face.

ALL OTHER DANCE STYLES



Hair should be pulled back into a low/high bun or ponytail for class, if length permits. Shorter hair should be pulled back from face.

*All hair should be secured and not a distraction during class. Dancers should not need to fix/adjust their hair during class.

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YEAR-END SHOW COSTUMES

Families will fill out a survey annually to give us their dancer(s) costume preferences. Here is a breakdown of the different options!



OPTION 1

Main Costume - Skirt or Dress + Top/Bodysuit
Tights - Skin colour



OPTION 2

Main Costume - Pants and Top.
Usually includes a vest or accessory.
No Tights



GENDER NEUTRAL

All dancers in classes with gender neutral costumes will receive the same costume. Alterations can be made for dancers' comfort as needed.

*Please note any of the approved shoe options listed above are appropriate for our Year End Show performances

Register at www.belladance.ca/register-now